

February 1 - February 28

LUNCH

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Turkey and Cheese on a W/G Potato Bun-1 Fresh Broccoli Florets with Dip-3/4 c. Fresh Orange-1 Milk-8 oz.	2 Meatloaf with Ketchup-3 oz. Mashed Potatoes-3/4 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-8 oz.	3 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
6 Breaded Chicken Fillet on a Whole Wheat Bun-1 Green Beans-3/4 c. Raspberry Lemonade Craisins-1/2 c. Milk-8 oz.	7 Meatballs with Sauce on a W/G Sub Roll-1 Diced Carrots-1 c. Fresh Orange-1 Milk-8 oz.	8 Sliced Chicken and Cheese on a W/G Kaiser Roll-1 Celery Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	9 Macaroni and Cheese-8 oz. Broccoli Florets-3/4 c. Whole Wheat Dinner Roll Diced Peach Cup-1/2 c. Milk-8 oz.	10 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Peach Cup-1/2 c. Milk-8 oz.
13 Chicken Fingers-3 Corn-3/4 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.	14 Cheese Lasagna with Meat Sauce-4 oz. Green Beans-3/4 c. Whole Grain Bread Cherry Craisins-1/2 c. Milk-8 oz.	15 All Beef Italian Sub-1 (Beef Bologna, Salami, and American Cheese on W/G Sub Roll-1) Fresh Baby Carrots w/ Dip-1 c. Strawberry Applesauce Cup-1/2 c. Milk-8 oz.	16 Salisbury Steak with Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	17 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Pear Cup-1/2 c. Milk-8 oz.
20 NO SCHOOL	21 NO SCHOOL	22 Beef Salami and Cheese on Sliced Italian Bread-1 Black Bean and Corn Salad-3/4 c. Diced Peach Cup-1/2 c. Milk-8 oz.	23 Chicken Tacos with Shredded Cheddar Cheese on a 6" W/G Soft Taco Shell-2 Black Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	24 DOMINO'S W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
27 All Beef Hamburger on a Whole Wheat Bun-1 Green Beans-3/4 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.	28 Baked Ziti-8 oz. Romaine Salad w/ Dressing-1 1/2 c. Diced Pear Cup-1/2 c. Whole Grain Bread Milk-8 oz.			